



*Equity, Opportunity and Inclusion for People
with Disabilities since 1975.*

In one week, Congress will come back in session. We are asking you to join us for a **National Call-In Day on Thursday, January 21st** (and to invite your friends, family and other networks to do the same!) to tell your members of Congress to support the **Preventing Harmful Restraint and Seclusion in Schools Act** (H.R. 4247/S.2860) introduced last month by Representatives George Miller (D-CA) and Cathy McMorris-Rodgers (R-WA) as well as Senator Chris Dodd (D-CT). This legislation would provide students with and without disabilities vital protections against abuse in schools.

WHAT YOU CAN DO:

Call the **Capitol Switchboard at 202-224-3121** on **Thursday, January 21st** and ask for your Congressional representative to co-sponsor **H.R. 4247**, and your senators to Co-Sponsor **S. 2860**. Encourage your friends, family, and coworkers to participate too!

- To find out the names of your US Senators and Representative, visit www.congress.org and type in your zip code.
- Dial 202-224-3121 and ask for the offices of your US Senators and Representative.
- Ask to speak to the person working on education issues.
- Identify yourself as a constituent and the organization that you represent (if any).

Message:

For your Senator: "I am calling to urge (your Senator) to cosponsor S.2860, legislation preventing harmful use of restraint and seclusion in schools."

For your Representative: "I am calling to urge (your Representative) to cosponsor HR 4247, legislation preventing harmful use of restraint and seclusion in schools."

Increasing congressional support for these bills will help move them through the legislative process towards enactment. Please call on **January 21, 2010** and ask your friends and family to join you. If you are interested in doing more, please e-mail info@autisticadvocacy.org for more information about how you can arrange a meeting with your representatives to explain why this bill is essential, or visit www.tash.org/aprais to learn more.

Thanks for your advocacy!